



Redwood Reachout

Unitarian Universalist Fellowship of Redwood City
2124 Brewster Avenue, Redwood City, CA 94062

www.uufrc.org ~ (650) 365-6913
office@uufrc.org

Vol. 51, Issue No. 7

July 2010

Sunday Worship Services

July 4, 10:30 a.m.: **We've All Come to Look for America** — Rev. Laurel Leifert and Marcus Leifert
On this Fourth of July, we will delve into the soul of America. We will look to American stories and myths as a source of an imagination that both limits and liberates us. What does it mean to be living in America today?

July 11, 10:30 a.m.: **Waking Up from the American Dream** — Rev. Laurel Leifert and Marcus Leifert

It is ever more clear that our historical understanding of the American Dream—valuing consumerism, individualism, and the notion of progress—is not adequate to meet our spiritual needs or to answer the call for global human community in this new millennium. What dreams, personally and culturally, have ceased to serve us? What exciting new possibilities are emerging as we wake up from the American Dream?

July 18, 10:30 a.m.: **Starting Over** — Rev. Malaena Nahmias, Interfaith Minister
Sometimes our life's plan may take an unexpected turn and we find ourselves starting all over. Before creating our new life, we need to let go of the old and listen to our heart's true longing.

July 25, 10:30 a.m.: **Gratitude** — Mary Foran
Mary has graduated from Starr King School for the Ministry and is in preliminary fellowship.

Invitation to Newcomers

Newcomers are warmly invited to join us for our monthly "Newcomer Circle" on July 11 after the service. This is an opportunity for you to learn more about our Fellowship and to ask any questions that you may have about us. We'll meet in the Back Lounge at 11:45 for this 30-minute gathering. Childcare is available. If you have any questions, please contact Cindy Johnson, Welcoming Coordinator, at 650-364-4995 or welcomezuufrc@pacbell.net.

Board of Trustees, Caring Committee

Board of Trustees May Meeting Highlights – Beverly Morgan, Corr. Secretary

- Connections Committee chair Cindy Johnson is investigating a UU101 class that could be available on-line. Cindy is also talking to Olan Mills about printing another photo directory. She shared comments and findings from the New Member dinner. Specific suggestions brought up by the group will follow, but for now we can ALL begin by *finding an unfamiliar person and saying “Hello!”* at the social hour.
- Reverend Julia Older reported that the Committee on Ministry will be increased to five members. Julia is exploring our relationship with the UUSC and at a later date will hold a workshop with the Board on multiculturalism.
- DRE Tracy Fecher reported that Emily Lehr-Anning will be hired as a youth advisor and that teacher recruitment for the 2010–2011 school year is going well.
- Bylaws changes were proposed by Peter Hartzell: a draft policy for Congregational Endorsement of Issues, and a clarification of the process by which we approve Community and Intern Ministers. Peter and incoming Board President Lori Longo will create a final proposal incorporating the Board members’ feedback and present it to us again in July.
- A UUA fundraising consultant will visit in September. In the interim, the Board will discuss our objectives, logistics, and communications with the Fellowship.
- Susan Lehman wishes to have a Crafts Fair on Saturday, July 31, similar to the Holiday Bazaar. Susan will invite vendors from the community and provide publicity.
- Board Officer Positions for the 2010-2011 year: Lori Longo, President; Beverly Morgan, Corresponding Secretary; and Mike McGrew, Treasurer. Vice President and Recording Secretary will be selected at the July meeting. (Other 2010–2011 Board members are David George, Janette Rabin, and newly elected members John Cooney and Bill Welch.)

Caring Committee News

UUFRC’s Caring Committee provides meals, transportation, and any other emotional or physical assistance for members in need. The Caring Committee has 40 members—almost one-fourth of UUFRC’s total members! Last year Committee members provided help to or contact with community members 55 times.

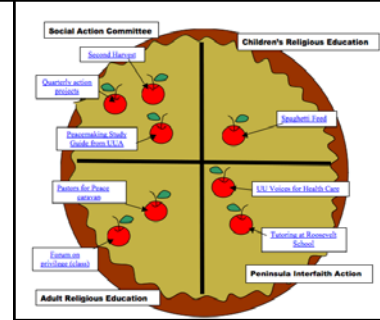
The Caring Committee has several programs:

- The Pastoral Visitors’ Program. Pastoral Visitors are UUFRC members who, after receiving training from Rev. Julia, visit members of the UUFRC community who are in need of emotional and spiritual support—perhaps in the hospital, in a skilled nursing facility, or facing challenges at home. Fourteen UUFRC members are now Pastoral Visitors.
- A Sermon Sending program, through which CDs of recent UUFRC services are sent to community members who are no longer able to attend services but wish to stay in contact.
- The “Contact Crew.” Committee members made more than 300 contacts with community members in need last year. They sent cards or emails or made contact by phone, averaging 8 contacts in response to every announcement to the Committee.

If you, or someone you know in the UUFRC community, is in need of meals, errands, chores, respite, or friendly contact, please notify the Caring Committee co-chairs: Kathy Voss-Jensen, voss_organizing@att.net or 650-367-1202, or Joanne McMahon, jomcmahon@earthlink.net or 650-589-7012.

Here Comes the Bus—to UUFRC!

A bus from the Pastors for Peace caravan is coming to the Bay Area this summer on its trip down through the U.S. to Texas and ultimately to Cuba, just as it does every year. But unlike other years, this time it's coming to our own UUFRC! The purpose of the trip is twofold: to call attention to the outdated, counter-productive blockade the U.S. maintains on Cuba, and to collect material aid to help offset some of the blockade's worst effects.



This year the Social Action Committee has agreed to join with Peninsula Peace and Justice Center in hosting this activity by holding a potluck dinner in the Social Hall and perhaps opening our homes to members for the night. Please mark Friday, July 9, at 6:00 p.m. on your calendar and plan to join with other caravan supporters as we enjoy live music (TBA) and hear speakers talk about Cuba and their caravan experiences.

In terms of donations, Pastors is especially asking for plumbing, carpentry, masonry, electrical, and painting supplies, but also welcomes everything from vehicles and computers to books and musical supplies. And of course, money is always welcome. Please contact Carol Cross, crosso828@yahoo.com or 650-367-9183 for a complete list. We hope to see you there!

Sunday, July 18: AIDS Walk

Last year members of UUFRC helped form a PCD-UU team to participate in this 6-mile fundraising walk in San Francisco. This year, there is no UU team, but local participants are asked to join the team of the AIDS Community Research Consortium (ACRC), a local organization providing services to people with HIV, AIDS, and/or hepatitis C. By joining this team, we will be able to use a table to store our things before and after the walk. For more info on the walk, go to www.aidswalk.net/sanfran. Marianna Tubman (650-367-7325) is coordinating with the ACRC team organizers and can provide a flyer with information about them. If you can't walk, please make a donation to the team or to UUFRC individual walkers. Thanks!

Inaugural Meeting of Green Sangha in Redwood City

Green Sangha is a grass-roots organization that creates opportunities for individuals to come together to meditate, to educate and support one another, and to perform direct environmental action. Join us on Saturday, July 17, from 10 a.m. to 1 p.m. to learn about Green Sangha and to meditate, discuss spiritual principles and practices, and enjoy potluck snacks. There will be meetings at UUFRC on July 17 and August 14 to provide the seeds for a new West Bay/Peninsula chapter of Green Sangha. For more information, call 510-532-6574 or visit www.greensangha.org, or call Marianna Tubman, local event coordinator, 650-367-7325.

Committee and Group Activities—and a Party!

MOCA Update—Annie Tate, MOCA Chair

As we look toward summer, your Ministry of Culinary Arts (MOCA) Sunday coffee and treats will be downsizing a bit to match the reduced attendance. This is a great time for those who are newer to the fellowship and interested in helping out to partner with someone who has previously hosted a Sunday. We will be happy to facilitate such connections. As Susan said last month, it really can be fun, and it's good to know you've added something nice to the day's events. So please, don't run when you see me... unless you're running to the MOCA sign-up board! Thanks in advance to everyone who participates!

Breaking News: Book Discussion Moves to Fourth Mondays!—Carolyn Chaney

To accommodate Craft Night on second Mondays, Book Group will change to fourth Mondays, beginning in July. We will continue to meet in the Front Lounge from 7:30 to 9 p.m.

Our book for July 26 is *The Winter of Our Discontent* by John Steinbeck. Ethan Allen Hawley, the protagonist of the novel, works as a clerk in a grocery store that his family once owned. With the decline in their status, his wife is restless, and his teenage children are hungry for the tantalizing material comforts he cannot provide. Then one day, in a moment of moral crisis, Ethan decides to take a holiday from his own scrupulous standards.

For those who like to read ahead, our August 23 book will be *Lacuna* by Barbara Kingsolver. At the July meeting we will be considering book choices for the fall.

Redwood City Community “Treasures” Market

The Redwood City Community “Treasures” Market will be held at UUFRC on Saturday, July 31, 9 a.m. – 1 p.m. Crafters/sellers of gently used items, crafts, books, jewelry, linens, toys, food, baked goods, etc. are welcome. A 6-foot space can be reserved for \$20 (please bring your own table; limited rentals available at an extra \$5). Setup begins at 8 a.m. Make checks payable to UUFRC and give to Susan Lehman, or mail to P.O. Box 181, Belmont, CA 94002, Attn: Susan. For more information, contact Susan at 650-521-4359 or susposdis@yahoo.com.

Pat Dwyer’s 50th Birthday Celebration!

Everyone is invited to a celebration of Pat Dwyer’s 50th birthday at the Fellowship on Saturday, July 31. There will be a potluck supper at 6 p.m., and then we have two bands lined up to play until 10 p.m.:

- Burning Man’s favorite novelty rock band, **Curly**
- **Planet Love** was a huge hit at Pat and Ralph’s wedding reception, so bring your dancing shoes!

No gifts please!



July 10 Hike Through Purisima Creek Redwoods—Kaye Bonney

Join us for a seven-mile hike through the wooded canyons of Purisima Creek Redwoods Open Space Preserve. We'll start out hiking up moderately steep Harkins Ridge Trail, stopping often to enjoy vistas of the ocean and Montara Mountain. We'll angle across the hillside on Soda Gulch Trail through dense redwood forest and then walk down a gently sloping road along Purisima Creek back to the trailhead. I particularly like this hike because of the stunning views and the contrast between heavy forest, both redwood and Douglas fir, and open scrubland.

Meet at UUFRC at 9 a.m. Saturday, July 10, to carpool. (We're hiking the second Saturday of the month because of the holiday.) Bring lunch and water. We'll probably return to the Fellowship between 3 and 4 p.m.

Bed and Breakfast Adventure on O'ahu

The First Unitarian Church of Honolulu invites YOU to our Bed and Breakfast Adventure on O'ahu, Wednesday, September 22, to Wednesday, September 29, 2010. This adventure is a fundraiser, and all funds support our church programs. We provide:

- a wonderful Bed and Breakfast stay for 7 nights in the homes of church members and friends. Cost: \$840 for a room for two (\$120 per night), or \$490 for a room for one (\$70 per night).
- an amazing variety of opportunities to explore O'ahu, led by UUs.
- a chance to meet UUs who make our homes in Hawai'i.



For more information, contact Carla Allison at cbm@hawaii.rr.com

A Family Camp...

The annual Bass Lake UU Mini-Vacation, a long-time tradition of our neighbor the UU Church of Palo Alto, will be held September 16-19, 2010. Bring the family for a wonderful long weekend at a beautiful mountain camp where all ages are welcome, where delicious meals are cooked for you, where there are no committee meetings, no chores, and no instructions except to have fun! At 3,400 ft. elevation, Skylake Yosemite Camp sits among the pines with its own private Bass Lake waterfront. The camp is located near Oakhurst, about four hours from the Bay Area. For more information, go to www.uucpa.org/bass_lake/about_bass_lake.html.

...and an Adult Camp

Labor Day Camp 2010, a weekend for adults ages 18 and up, will be held at Camp 2 of the Mendocino Woodlands, September 3-6, 2010. Come join us in the grandeur of the glorious redwoods. **Refresh** your spirit in the crisp air and serene setting. **Renew** yourself by indulging in adult conversations, solitude along the creek, or fellowship in the lodge. **Restore** your vitality with activities such as music, hiking, fireside chats, dancing, beading, round singing, or other spontaneous fun with fellow campers. For more information, go to www.ncuucc.org/calendar/labordaycamp.

Who's Who and How to Contact Us

UUFRC Regular Events

Every Sunday ~ Worship Service, 10:30 a.m.
Every Thursday ~ Choir Rehearsal, 7:30 p.m.
1st Sundays ~ Social Action Committee, 12 noon
1st Mondays ~ Connections Committee, 7:00 p.m.
2nd Sundays ~ RE Committee, 8:30 a.m.,
and Newcomer Circle, 11:45 a.m.
2nd Mondays ~ Book Discussion Group, 7:30 p.m.
2nd Tuesdays ~ Committee on Ministry, 7:15 p.m.
2nd Thursdays ~ Board of Trustees, 7:00 p.m.
3rd Mondays ~ Finance Committee, 6:20 p.m.,
3rd Tuesdays ~ Worship Committee, 7:00 p.m.
and PIA Local Org. Comm., 7:30 p.m.
4th Wednesdays ~ UU Voices for Health Care, 7:30 p.m.
Last Thursdays ~ Newsletter assembly for mailing, noon
*Summer schedules can vary. See the Calendar of Events at
www.uufrc.org for updates*

To join our UUFRC e-mail group, send any e-mail message to: uufrc-subscribe@yahoogroups.com. View some helpful info about the group (no subscription needed) by sending any message to: uufrc-help@yahoogroups.com. Once you have subscribed, you can post to the group by sending your message to uufrc@yahoogroups.com.

UUFRC Staff

Reverend Julia Older, Minister
older@sbcglobal.net 363-2409

Tracey Fecher, Director, Religious Education
dreuufrc@yahoo.com

Debra Schwab, Administrator
Office hours: Mon., Wed., Thurs., 10 a.m.–noon and
1:00–3:00 p.m. office@uufrc.org
Office: 365-6913 Fax: 368-1461

Cindy Johnson, Welcoming Coordinator
welcometzufrc@pacbell.net 364-4995

Kay Kleinerman, Music Director
kaykleinerman@mac.com 759-2373

Newsletter Editor (volunteer): Susan McBain

Newsletter Deadline: Noon, Friday before last Thursday of the month. Email articles to: newsletter@uufrc.org (preferred), or mail or bring hardcopy to the office.

Board of Trustees for 2010 - 2011

Contact a Board member if you have ideas to share regarding the organization and governance of the church.

John Cooney	593-7759	jmc@webname.com
David George	568-3265	georgedave@gmail.com
Lori Longo (President)	365-0203	Lori@Longo.net
Mike McGrew (Treasurer)	802-9102	mmcgrew@earthlink.net
Janette Rabin	508-8500	janetterab@aol.com
Beverly Morgan (Corresponding Secretary)	366-6378	bevie.lou@gmail.com
Bill Welch	345-7049	welchb@samtrans.com

Committee on Ministry (CoM) for 2010-2011

Contact a Committee on Ministry member if you have issues to discuss regarding the shared ministry of the church. Examples include worship, outreach, how we are treating each other, and how the settled minister is serving the congregation.

Steve Hill	361-1567	hilldepotfarm@msn.com
Anna Olsen	361-1393	annamichelle@aol.com
Erika Pretell	368-2236	erika.pretell@gmail.com
Cal Sloan	306-7818	calsloan@hotmail.com

Calendar of UUFRC Events, July 2010

Thursday	1		
Friday	2		
Saturday	3		
Sunday	4	10:30a	Service: We've All Come to Look for America — Rev. Laurel Leifert and Marcus Leifert
Monday	5		
Tuesday	6		
Wednesday	7		
Thursday	8	7p	Board of Trustees
Friday	9	6p	Pastors for Peace Caravan hosting, potluck dinner
Saturday	10	9a–4p	Happy Trails Hiking Club: Purisima Creek
Sunday	11	10:30a 11:45a	Service/Ingathering: Waking Up from the American Dream — Rev. Laurel Leifert and Marcus Leifert Newcomer Circle
Monday	12		
Tuesday	13	7:15p	Committee on Ministry
Wednesday	14		
Thursday	15		
Friday	16		
Saturday	17	10a–1p	Green Sangha meeting
Sunday	18	10:30a 7p	Service: TBD AIDS walk (San Francisco; contact Marianna Tubman for details) Spiritual Movie Night
Monday	19	6:45p	Finance Committee
Tuesday	20	7p	Worship Committee
Wednesday	21		
Thursday	22		
Friday	23	12n	Newsletter deadline
Saturday	24		
Sunday	25	10:30a	Service: TBD — Mary Foran
Monday	26	7:30	Book Discussion Group
Tuesday	27		
Wednesday	28		
Thursday	29	12n	Newsletter assembly
Friday	30	8p	Chant Night
Saturday	31	9a–1p 6–10p	Redwood City Community “Treasures” Market Pat Dwyer’s birthday party

Welcome All!

*We nurture each other on our personal and spiritual journeys
As we work for peace, compassionate justice, and a healthy planet.*

Get Connected: Join a C-Group this Summer—Sam Carfagno and Linda Thomas

One of the first things we did when we were new to this congregation was to join a C-Group. We loved it and would like to make the experience we had available to others, starting July 7.

The “C” stands for covenant, community, connection, commitment. As a C-Group member you meet with 6-8 others twice monthly for six months. Members take turns choosing a topic to explore (e.g., change, forgiveness, work and meaning, risk). You share your thoughts and personal experiences, and you listen while others share theirs. You covenant with the group to keep personal information confidential, and you commit to attending for the entire six months.

We found that the process allowed us to reflect and hear from others on the deeply human and spiritual questions we all grapple with but assume that we have to answer alone. It offered us an opportunity to connect with the larger congregation through acts of service. The honesty and trust fostered by these gatherings enabled us to be known and cared about by a small group of people, whom we now know and care about in return.

Are you free two Wednesday nights a month, starting July 7? If you would like to sign up or discuss this further, please see Sam Carfagno or Linda Thomas in the Social Hall after Worship Service, or email Linda at lmthom@sbcglobal.net. You do not have to be new to UUFRC to join.

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July 2010

Submissions for next issue due at noon **Friday, July 23.**

The Redwood Reachout is on the church web site at www.uufrc.org/newsletter.html.

If you are unable to access the church web site, you can contact the office to request a printed copy.